



# Access to Work

## Making work possible

## Struggling at work because of a disability or health condition?

### Access to Work may be able to help

If you have a disability or long-term health or mental health condition and it's affecting you in your job or getting one, then **Access to Work** may be able to help you.

Access to Work is a discretionary grant-based award delivered by Jobcentre Plus that can pay for support for people with a disability, health or mental health condition, and disability related workplace needs – beyond those covered by an employer's responsibility for reasonable adjustments. You don't have to pay it back and it doesn't affect any other benefits. It can pay for things like:

- Mental health support service
- Specialist equipment
- Travel to and from work
- Support workers

To be eligible to apply you must:

- Have a disability or long term health or mental health condition that affects your ability to do your job
- Be over 16
- Be in, or have an offer of, paid employment, including self-employment, or an apprentice
- Live in Great Britain

If you want to know more go to:

[gov.uk/access-to-work](https://www.gov.uk/access-to-work)